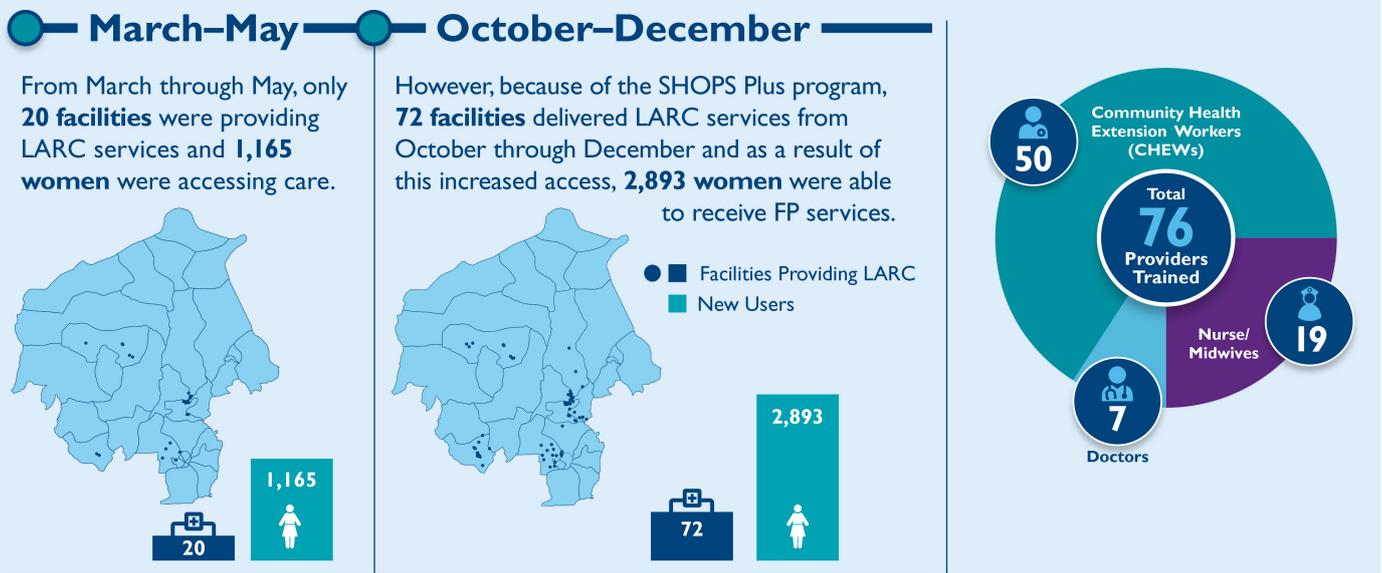


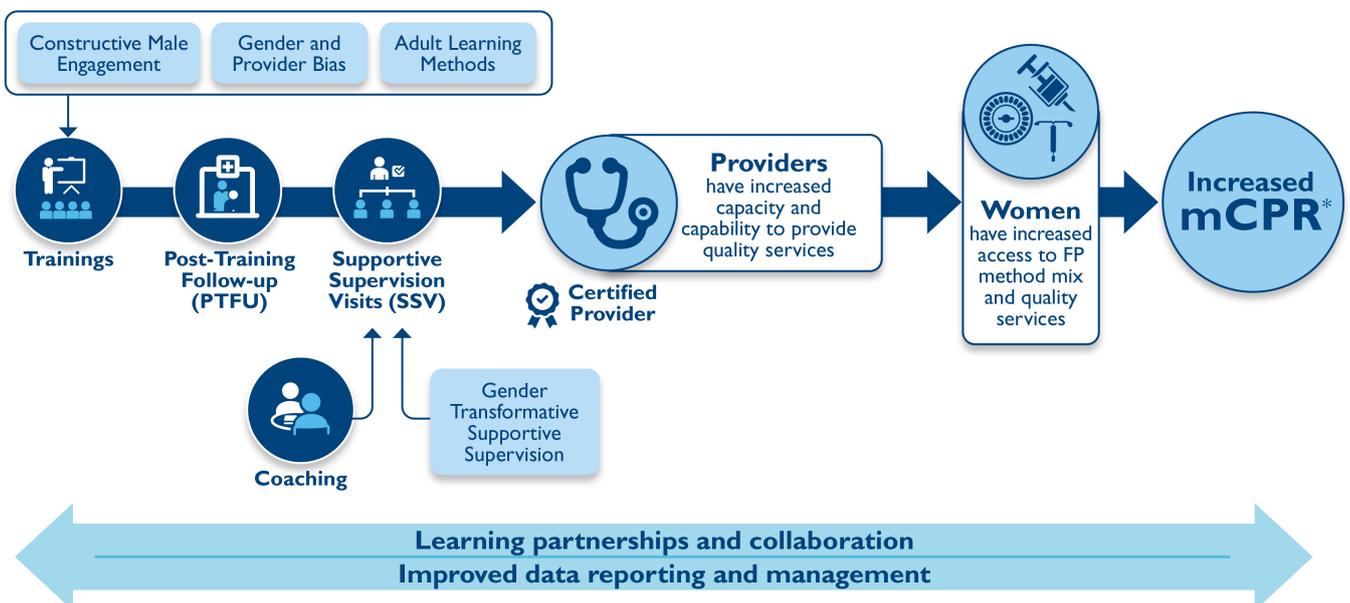
Oyo State Profile

USAID's Sustaining Health Outcomes through the Private Sector (SHOPS) Plus program in Nigeria worked with the Oyo state government to increase women's access to voluntary and rights-based FP services by increasing the capability of public and private health providers to deliver quality FP services, including long-acting reversible contraceptives (LARCs), and improving the quality of FP service delivery. According to the 2018 Demographic and Health Survey, 30.6% of women in Oyo don't want to become pregnant and are not using a modern contraceptive method. In 2019, there has been an increase in the availability and use of FP methods.

Between March – May 2019 and October – December 2019, the number of facilities providing LARCs and new users of FP increased in Oyo.



Program Approach



* Modern Contraceptive Prevalence Rate

Oyo State Profile

SHOPS Plus collaborated with multiple levels of government to train both trainers and providers using adult learning methods. After working with the Federal Ministry of Health (FMOH) to review the national curriculum on FP/LARC training, SHOPS Plus and the State Ministry of Health (SMOH) identified and trained 25 state trainers who conducted the three provider trainings. The state trainers included the state reproductive health (RH) and FP coordinators. Additionally, the local government area (LGA) RH coordinators also supported SHOPS Plus in conducting quarterly SSVs to providers and acted as the program's gatekeepers to local communities. To ensure that providers were getting certified in LARC insertion after three PTFUs and SSVs, SHOPS Plus identified 15 coaches and 12 peer coaches to support uncertified providers. Providers were also able to access supplemental FP content after training via their mobile phones through the Airtel 3-2-1 audio job aids (AJAs).

Components of the SHOPS Plus Approach

Master Trainers

Clinicians with 10 years of practice in RH/FP and knowledge on training and learning methods

State Trainers

Clinicians with five years of practice in RH/FP and knowledge on training providers

Coaches

Retired midwives and LGA FP coordinators who conducted SSVs

Peer Coaches

Certified providers who assist uncertified providers in nearby facilities

Post-Training Follow-Up Visits

Facility visits that occur in the three months after training to check on a provider's FP skills

Supportive Supervision Visits

Facility visits that occur once a quarter to support providers

Gender-Transformative Supportive Supervision

Supervisors support providers to address gender issues at work

Certification

National standard achieved by a provider after they insert five implants and five IUDs

Audio Job Aids

Messages on FP content that providers can access on mobile phones

Achievements



76

Number of SHOPS Plus trained providers

96%

Certified



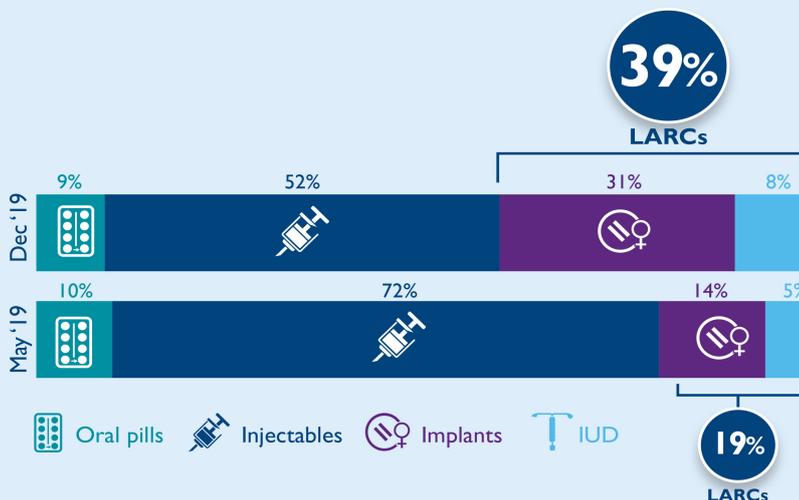
96% of Public providers

95% of Private providers

86% of Doctors

100% of Nurse/midwives

96% of CHEWs



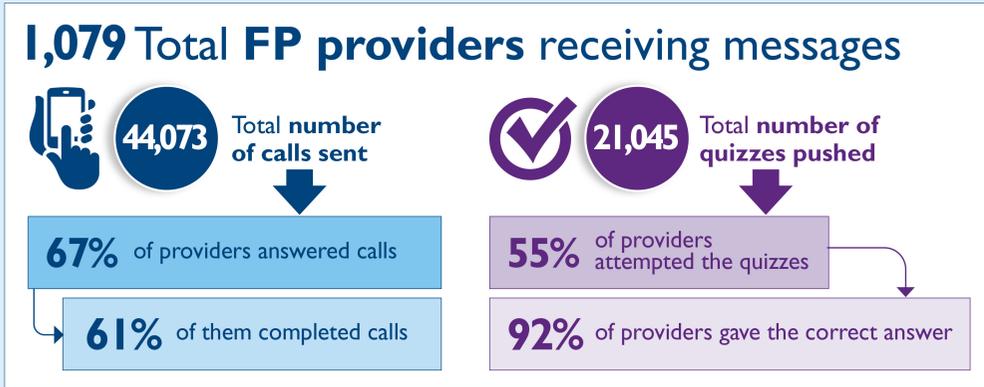
In seven months, the number of women using LARCs increased by

20%

in SHOPS Plus supported facilities

Oyo State Profile

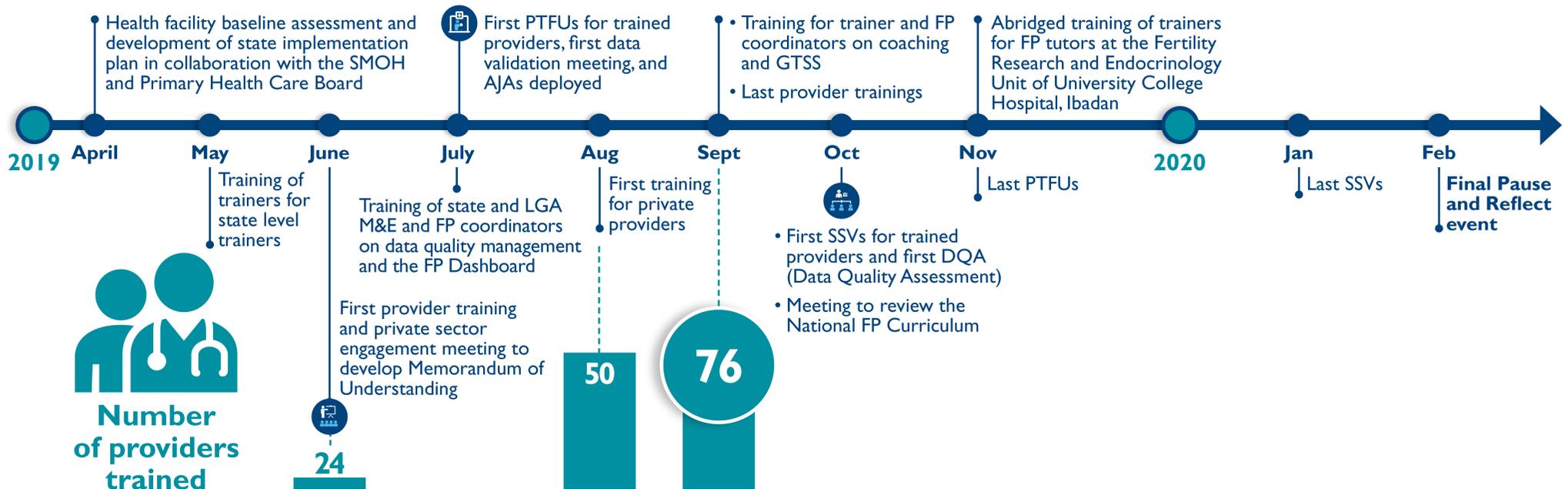
Using the Airtel 3-2-1 system, providers accessed FP content on their mobile devices



Cumulative number of women who accessed and used FP methods



SHOPS Plus Milestones



Oyo State Profile

Lessons Learned

SHOPS Plus has supported Oyo in:

- Training 76 providers, including doctors, nurse/midwives, and CHEWs, of which more than 97% are certified in LARC insertion.
- Supporting 76 facilities in six LGAs in Oyo, including 21 private facilities.
- Training 25 state trainers who will continue to train providers with the same quality and rigor as SHOPS Plus.
- Identifying and training 15 coaches and 12 peer coaches who can support uncertified FP providers in service provision and LARC insertion.
- Identifying the Fertility Research and Endocrinology Unit at the University of Ibadan as model for other institutions to continue using the SHOPS Plus training approach.



“After the training, I had improvement in FP counseling, infection prevention practices, and the confidence to give FP on my own. I was so inspired that I created a family planning room in my facility out of pocket to ensure privacy and quality provision of FP services.”

Ms. Omolara Ogunrombi – CHEW,
Llorra Health Centre, Afijio



An enabling environment and community engagement are critical to ensuring quality FP provision.

Collaboration with community stakeholders helped to foster a relationship between SHOPS Plus supported facilities and the communities they served. Ward development committees and community and religious leaders were instrumental in ensuring male engagement, which can be a barrier to women accessing services. Communities also supported the refurbishment and equipping of facilities, such as building private FP units, ensuring capable providers were able to provide quality FP services.



Using adult learning methods to train providers on provider and gender bias results in behavior change.

SHOPS Plus addressed provider and gender bias during trainings using adult learning methodologies such as value clarification exercises and role playing scenarios that were user-friendly. This approach continuously

“SHOPS Plus is the family planning catalyst. Their partnership with the state has been impactful and rewarding.”

Mr. Abiodun Akande – Deputy Director
Planning, Research, and Statistics, Oyo
SMOH



engaged providers, helping them to understand how their own biases can be a barrier to women accessing FP and giving them strategies on how to improve their counseling techniques. During facility visits, SHOPS Plus observed that providers had adopted these approaches.



Integrating LGA FP coordinators and peer coach into the program improved the ownership and sustainability of SHOPS Plus activities.

LGA FP coordinators were involved throughout the program, from training to SSVs. This allowed them to supervise and build relationships with providers, encouraging them to take ownership of the FP services in their LGAs. Additionally, using peer coaches and the cost-effective approach to SSVs that SHOPS Plus and the state developed together ensures that providers will continue to be supported.

In moving forward:

- The LGA FP coordinators should continue to conduct SSVs to facilities that are easily accessible.
- The Oyo State Primary Healthcare Board should train additional providers in LGAs SHOPS Plus did not implement in using the program's approach.
- The ward development committees should advocate for budget allocation for FP consumables.
- The state and local governments should improve the physical infrastructure of facilities and build the human resource capacity for FP.



“I was fascinated by the adult learning approach, especially the use of study guides and case scenarios. I have since adopted these methodologies for training the tutors and students in our institution.”

Mrs. Adedayo Makinde – Unit Head and
Program Coordinator, Fertility Research
and Endocrinology Unit, UCH, Ibadan